

When We Listen

When we listen, we offer with our attention an opportunity for wholeness.
Our listening creates a sanctuary for the homeless parts within the other person.

That which has been denied, unloved, devalued by themselves and by others.
That which is hidden.

In this culture, the soul and the heart too often go homeless.

Listening creates a holy silence.

When you listen generously to people they can hear truth in themselves,
Often for the first time.

And in the silence of listening, you can know yourself in everyone.

Eventually, you may be able to hear,

In everyone and beyond everyone,

The unseen singing softly to itself and to you.

Naomi Remen