

4. Why are you interested in participating in the parent leadership project?

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*Please specify if there is a specific issue or concern affecting children with special healthcare needs and their families that encouraged you to apply to this project?*

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5. Are you able to make a commitment to travel for one 2-day session in March, 2010 in Pittsburgh and participate in five training seminars?

YES  NO

6. Please tell us how you heard about this project.

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Persons requiring accommodations under the Americans with Disabilities Act (ADA)  
Please call Joan Badger, 412-281-4404 or 866-950-1040, or TTY 412-281-4409 to discuss needed accommodations.



1119 Penn Avenue  
Suite 400  
Pittsburgh, PA 15222  
www.pealcenter.org

The PEAL Center is an organization of parents of children with special health care needs and disabilities reaching out to assist other parents and professionals.

Family to Family Health Information Center provides individual assistance and training to families across Pennsylvania.

FREE INSTITUTE SPONSORED BY THE PEAL CENTER

### Parent Leadership Institute

A 7-month institute on healthcare and community supports for parent leaders from Central Pennsylvania

NON-PROFIT ORGANIZATION  
U.S. POSTAGE PAID  
PITTSBURGH, PA  
PERMIT NO. 377

FREE INSTITUTE SPONSORED BY

THE FAMILY TO FAMILY HEALTH INFORMATION CENTER AT THE PEAL CENTER

## Parent Leadership Institute



**A 7-month institute for parent leaders from Central Pennsylvania**



### Co-Sponsors

Central Intermediate Unit 10

Consortium for Children and Youth with Special Healthcare Needs

EPIC-IC PA Medical Home Program

PA Deafblind Project

# Parent Leadership Institute

The PEAL Center is actively recruiting parents to participate in the Parent Leadership Institute. The institute will help parents develop an understanding of public healthcare and disability policies, and how those policies are manifested in each particular system or 'silo.' You will be coached to develop skills to increase the impact of your voice to promote change beneficial to children and families across Pennsylvania.

Participants will focus on a specific area of interest to effect change. The entire seminar series will focus on applying the skills you are acquiring to your own situation.

### Participants:

- Gain knowledge and understanding about healthcare policy and the effects of those policies
- Increase communication and advocacy skills
- Develop leadership skills
- Expand network of colleagues with similar focus
- Plan and collaborate on parent institute project

### You are invited to apply if you:

- Have a child with a disability or special healthcare needs, and
- Have experience with leadership in community or advocacy organizations, and
- Can make a commitment to complete five 3½ hour evening meetings at Maternville Preschool in Centre County and one 2-day conference in Pittsburgh (travel, room, meals and registration paid by PEAL)

### Your commitment:

- Participate in monthly sessions held in Port Matilda. Seminar dates are: October 27, November 16, January 12, February 16 and April 20. All meetings will be held from 5:30-9:00 p.m. Meals will be provided and travel expenses will be covered.
- Attend the PEAL Conference, in Pittsburgh, March 16-17 (expenses paid by the PEAL Center)

## Institute Schedule

### Session 1

**Tuesday, October 27, 2009, 5:30-9:00 p.m.**  
Matternville Preschool  
3638 N. Atherton Street • Port Matilda, PA 16879  
Centre County

Topic: Introduction to the institute and history of disability

### Session 2

**Monday, November 16, 2009, 5:30-9:00 p.m.**  
Matternville Preschool  
3638 N. Atherton Street • Port Matilda, PA 16879  
Centre County

Topic: Navigating the Maze

### Session 3

**Tuesday, January 12, 2010, 5:30-9:00 p.m.**  
Matternville Preschool  
3638 N. Atherton Street • Port Matilda, PA 16879  
Centre County

Topic: Medical Home, Family Centered Care and HRTW Transition

### Session 4

**Tuesday, February 16, 2010, 5:30-9:00 p.m.**  
Matternville Preschool  
3638 N. Atherton Street • Port Matilda, PA 16879  
Centre County

Topic: Tips for Leading Effective Meetings

### Session 5

**Tuesday and Wednesday, March 16-17  
2010 PEAL CONFERENCE,**  
Four Points by Sheraton Pittsburgh North, Mars, PA

Topics: Medical Assistance and Waivers  
Conflict Resolution  
Health Issues and the IEP  
Organizing for Change

### Session 6

**Tuesday, April 20, 2010, 5:30-9:00 p.m.**  
Matternville Preschool  
3638 N. Atherton Street • Port Matilda, PA 16879  
Centre County

Topic: Wrap up and Celebration

## Application Due by October 16, 2009

Cut on dotted line and mail this completed application in a separate envelope to:

Joan Badger  
PEAL Center  
1119 Penn Avenue, Suite 400  
Pittsburgh, PA 15222

OR email your numbered responses to the application questions to [jbadger@pealcenter.org](mailto:jbadger@pealcenter.org)  
OR fax to 412-281-4408

## Parent Leadership Institute Application

### 1. Personal Information

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Home phone, including area code: \_\_\_\_\_

Work phone, including area code: \_\_\_\_\_

Email: \_\_\_\_\_

### 2. Please describe your child with special health care needs

Your child's age \_\_\_\_\_

Your child's special healthcare needs or disability

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### 3. What committees or boards do you serve on now?

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